



Walk of Life



On Sunday May 25, 2014, the 48 members of Team CCHA participated in the 30th annual Cardiac Health Foundation's Walk of Life event.

This year was Team CCHA's 5th year participating and was very successful raising over \$16,000. Once again this year, Team CCHA was the 1st place corporate fundraising team and 3 of our members (Ted, Laurie and Jennifer) are in the top 10 fundraisers of the whole event - 2000 people! WAY TO GO TEAM CCHA!!!

The money raised by Team CCHA is split 50/50 with the Cardiac Foundation of Canada. Many of our members with congenital heart defects take advantage of the Cardiac Health Foundation of Canada rehab programs to help them exercise safely under supervision and before and after surgery.

Our proceeds from the Walk of Life fund important programs such as the 'Beat Retreat' camp, support and awareness programs, and to increase the profile of congenital heart disease across Canada.

Great job everyone, and mark your calendars for next year's event on Sunday May 24, 2015 at the Evergreen Brick Works. Hope to see you there!