

Heart to Heart: Congenital Heart Education Forum

Saturday, April 22, 2017, 9:00am-3:30pm

Shaw 3i Auditorium, Mazankowski Alberta Heart Institute

Welcoming Remarks

Taking Charge of Your Heart Health- Becoming Your Own CEO
(Pam Heggie, NAACH Clinic Nurse)

Staying Fit for Life – An Exercise Specialist’s Perspective
(JP Wilner)

“My heart’s aflutter”. Palpitations – when to worry, when to ignore them.
(Dr. Michal Kantoch)

Canadian Congenital Heart Alliance – We’re Here for You, Come Join Us!

Coffee Break

Adult Congenital Heart Disease in Africa
(Dr. Mohammed Alaklabi)

Stressed Out? Coping with a Chronic Heart Condition

Lunch

Children’s Heart Society

Endocarditis – what is it? Why should I care?
(Dr. Isabelle Vonder Muhll)

Through thick and thin – living with blood thinners (Anticoagulation clinic)

Testing, Testing 1-2-3. What Tests Tell About My Heart
(Dr. Dylan Taylor)

**What to Expect When You’re Expecting
What Congenital Heart Patients Need to Know
about Pregnancy and Becoming Parents**
(Dr. Jonathan Windram)

Registration is FREE, lunch included.

Please RSVP to Bonda.Toppin@albertahealthservices.ca
or 780-407-6552